

## LUTHANDO SKILLS & TRAINING

P.O. Box: 4941,  
Randburg 2125  
Tel: + 27 87 808 2509  
Email: [info@luthandoskills.co.za](mailto:info@luthandoskills.co.za)

# PMP Exam Preparation: The Project Management Professional

**Develop your Project Management Skills while Gaining Examination Techniques**

### 3 Day Training Courses

---

Date	Venue	Fees
29-31 Oct 2025	Sandton	R 7,999

**[VIEW MORE DATES AND REGISTER](#)**



## Why Choose this Training Course?

Project Management is essential in today's business as it's all about getting activities completed efficiently and effectively by and with the support of people. To understand Project Management, it's important to have theoretical as well as a functional knowledge of project management, leadership and teamwork.

The Project Management Professional (PMP)® is already recognized as the world's leading project management certification. Now updated, the PMP® focuses on the people aspect, project leadership experience and expertise as well as team behaviors as the winning way towards success with the right people needed to work smarter and perform better.

This PMP exam preparation training course for the project management professionals is intended for candidates who plan to undertake the Project Management Institute (PMI)® Project Management Professional (PMP)® examination based on the latest Exam Content Outline issued by PMI.

Projects are the way of modern business, with research indicating employers will require almost 2.2 million new project-oriented roles each year through 2027 meaning skilled project managers are in high demand.

The PMP® certification is designed by project professionals for project professionals and validates that you are among the best – highly skilled in:

- People: Emphasising soft skills needed to effectively lead a project team in today's changing world
- Process: Reinforces technical aspects of successfully managing
- Business Environment: Highlights connections between projects and strategies of the organisations

PMP® certification endorses your capabilities around the project leadership skills employers seek, and indeed now includes three key approaches:

- Predictive (Waterfall)
- Agile
- Hybrid

## Objectives

On this PMP Exam Preparation training course, you'll be led by Luthando Skills, helping you build your knowledge quickly, learning about the 3 domains, people, process, and business environment, and how to:

- Build and lead a team
- Empower, collaborate, and mentor stakeholders
- Develop the project management plan and its subsidiary plans and components
- Manage project conflicts in a professional, assertive manner
- Assess and manage project risks and issues
- Recognize the tools to be used, and the appropriate behaviors

## Who is this Training Course for?

This PMP Exam Preparation training course is suitable to a wide range of professionals but will especially benefit:

- Senior Project Managers
- Program Managers
- Project Managers
- Senior Consultants
- IT Heads / Senior IT Managers
- Project / Team Leads /PMO
- Functional Heads
- Business Analysts
- Project Management Professionals planning on taking the PMP Exam

## How will this Training Course be Presented?

The Luthando Skills Facilitator will present the official PMI - PMP training material, templates and examples and provide help and guidance during the pre-examination process. The sessions will be challenging and practical through the use of competence-based activities, delegates will learn to question and learn what is really required to become a project professional.

Regular testing of the newly styled questions will be carried out as we go through each module.

## Organisational Impact

The PMP Exam Preparation training course helps organizations to benefit from:

- Excelling in project management practice and increasing organizational maturity
- Equipping employees in refining abilities for project leadership and management
- Gaining confidence from customers by having project professionals having a world-renown professional certification in project management

## Personal Impact

The delegates will have the following benefits by attending this PMP training course:

- Becoming an expert in project management practice
- Gaining confidence and professional insights needed for a project management career.
- Applying best practices that apply to diverse projects in multiple industries.
- Obtaining a world-renown professional certification in project management.
- Passing the PMP® examination could boost the earning potential by developing project management skills
- Project management experience can open the doors to rapid promotion

## Outline

### Day One:

#### Business Environment

- Foundation
- Strategic Alignment
- Project Benefits and Value
- Organizational Culture and Change Management
- Project Governance
- Project Compliance

#### Start The Project

- Identify and Engage Stakeholders
- Form the Team
- Build Shared Understanding
- Determine Project Approach

### Day Two:

#### Plan The Project

- Planning Projects
- Scope
- Schedule
- Resources
- Budget
- Risks
- Quality
- Integrate Plans

#### Lead The Project Team

- Craft Your Leadership Skills
- Create a Collaborative Project Team Environment
- Empower the Team
- Support Team Member Performance
- Communicate and Collaborate with Stakeholders
- Train Team Members and Stakeholders
- Manage Conflict

### Day Three:

#### Support Project Team Performance

- Implement Ongoing Improvements
- Support Performance
- Evaluate Project Progress
- Manage Issues and Impediments
- Manage Changes

#### Close The Project / Phase

- Project/Phase Closure
- Benefits Realization
- Knowledge Transfer

© 2025. Material published by Luthando Skills shown here is copyrighted.

All rights reserved. Any unauthorized copying, distribution, use, dissemination, downloading, storing (in any medium), transmission, reproduction, or reliance in whole or in any part of this course outline is prohibited and will constitute an infringement of copyright.